

SHE'S FIT CLASS SCHEDULE – NOVEMBER 2017

She's FIT Studio

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MORNING						
5:30am	Boot Camp Colby (45)	Timed Ex Ana/Colby (45)	Boot Camp Colby (45)	Timed Ex Ana/Colby (45)	OrangeFit Colby (45)	
9:30am	Timed Ex Keri (55)	Tabata Boot Camp Mary (55)	Timed Ex Libby (55)	Tabata Boot Camp Catherine (55)	Boot Camp Vanessa (55)	
10:30am	Tabata Boot Camp Goldei (55)	OrangeFit Dana (55)	Tabata Boot Camp Goldei (55)	OrangeFit Catherine (55)	Boot Camp Vanessa (55)	10:00am Boot Camp Patience (55)
EVENING						
5:30pm	Timed Ex Patience (55)	Boot Camp Paula (55)	Timed Ex Colby (55)	Boot Camp Colby (55)		
6:30pm	Tabata Boot Camp Patience (55)	Boot Camp Paula (55)	Tabata Boot Camp Colby (55)	Boot Camp Mary (55)		

